## **REMARKS**

Claims 6, 8, and 17 - 36 are pending in the application. Claims 6 and 8 are amended herein, effectively amending claims 17 - 36 which are dependent on either Claim 6 or Claim 8.

Applicant hereby requests further examination and reconsideration of the application, in view of the foregoing amendments.

## Objection to Specification

A revised Abstract is submitted herewith, which has been shortened to 150 words.

## Section 103 Rejections

Claims 6, 8, and 17 – 36 stand rejected under 35 U.S.C. 103(a) as being unpatentable over d'Arbelles in view of DE 4332471A1, Childress, and Hettinger.

D'Arbelles teaches a medical alert message kit. In d'Arbelles, medical stamp emblems are applied to the human body to communicate a medical condition or directive to a third party other than the person wearing the stamp. In contrast, the process of the instant application is designed to remind a person utilizing an alerting symbol of healthy diet parameters. While d'Arbelles is designed to communicate with third parties, the alerting label or tattoo of the instant process may be so inconspicuous as to not be noticed by third parties. The alerting symbol placed on the user's dominant hand is noticeable to the person who utilized the alerting symbol, and assists that person in adhering to a healthy diet.

The distinction between the medical alert kit of d'Arbelles and the instant process is emphasized by the amendments which are made to the Claims by this Reply. Each of the claims now expressly requires that an alerting label or tattoo be placed on the user's dominant hand for the purpose of assisting that person in adhering to a healthy diet. In contrast,

d'Arbelles is not related to a process of adhering to a healthy diet, but is directed to communicating directions for medical action or inaction to be given by third parties.

DE 4332471A1 teaches a method that involves placing labels on containers of food. Childress teaches a method of eating from a partitioned bowl. Hettinger teaches a method of applying symbols to a chart related to diet. However, none of these prior patents indicates a method of utilizing specific alerting symbols in a multi-faceted manner to reinforce information about a healthy diet. As explained in the Specification, repetitive use of the codes appearing on the alerting labels or tattoos placed on the user's dominant hand in other formats such as a bowl, chart, and food containers serves to increase the effectiveness of these memory aides and stimuli to healthy eating. The use of the alerting symbols on the user's dominant hand and in other manners claimed herein creates an integrated system which more powerfully assists the user in adhering to a healthy diet.

In view of the above, it is submitted that the claims are in condition for allowance. Allowance of claims 6, 8 and 17 - 36 at an early date is solicited.

Respectfully submitted,

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